



A preventive oral health program is available through a partnership between the **Drexel School District, Cass Community Health Foundation/Cass County Dental Clinic** and the **Missouri Department of Health and Senior Services**. This program is offered to **all children** in the state of Missouri, including those who receive regular dental care.

**All students** will receive a free oral screening by a licensed dentist or dental hygienist, oral health education and a free toothbrush & toothpaste. **With your consent**, your child will have a thin coating of fluoride varnish applied to their teeth to help prevent cavities. Fluoride varnish is safe and effective in preventing tooth decay and will be applied **twice** during the school year. (Please see the back of this form for more information on fluoride varnish.)

**ALL students will receive a dental screening & educational program.**  
**To receive two FREE fluoride varnish applications, you MUST provide consent.**

\_\_\_\_\_ **YES**, I want my child to receive two FREE fluoride varnish applications during the school year.

\_\_\_\_\_ **NO**, I do not want my child to receive two fluoride varnish applications.

**K-6th: Would you like your child to get x-rays, cleanings, & sealants at school?** \_\_\_\_\_ **YES\*** \_\_\_\_\_ **NO**

\*Cass Community Health Foundation/Cass County Dental Clinic will contact you to complete enrollment.

Child's Name: \_\_\_\_\_ Grade: \_\_\_\_\_

Child's Teacher: \_\_\_\_\_

Dental Insurance Status: \_\_\_\_\_ Private Insurance \_\_\_\_\_ Medicaid \_\_\_\_\_ No Dental Insurance

Is this student enrolled in the free & reduced lunch program? \_\_\_\_\_ YES \_\_\_\_\_ NO

Best Phone #: \_\_\_\_\_ Alternate Phone #: \_\_\_\_\_

Email Address: \_\_\_\_\_

**Health History:** Has your child ever had serious health problems? Yes: \_\_\_\_\_ No: \_\_\_\_\_ If yes, please explain:

Does your child have any allergies? Yes: \_\_\_\_\_ No: \_\_\_\_\_ If yes, please list: \_\_\_\_\_

Parent/Guardian Name (PLEASE PRINT): \_\_\_\_\_

Parent/Guardian Signature: \_\_\_\_\_ Date \_\_\_\_\_

**A dental screening does not replace a regular dental check-up, which is recommended at least annually.**  
 This form will be shared with Cass Community Health Foundation's Cass County Dental Clinic.  
 If you have questions about this program, please contact Cass Community Health Foundation at 816-322-7608.  
 If you would like to opt-out of this program, please contact the school nurse.

# STOP TOOTH DECAY WITH FLUORIDE VARNISH

## What is fluoride varnish?

- Fluoride varnish is a thick liquid painted on the teeth with a small disposable brush.
- It strengthens tooth enamel and can help prevent dental decay.
- The fluoride varnish is bubblegum flavored.
- Easy to apply and dries quickly
- Free to children
- Can be applied by a trained non-dental individual
- Twice -a- year application done at the school

## Why should my child get fluoride varnish?

- Fluoride strengthens the teeth and can reverse the early decay process on a tooth
- Fluoride varnish is one of the most effective ways to prevent tooth decay, if applied regularly

## Why do kids need fluoride?

- Dental caries (tooth decay) is the most common childhood disease
- U.S. children miss over 51 million hours of school because of dental problems
- Tooth decay is a common preventable disease.
- Cavities in baby and permanent teeth can cause pain and prevent children from eating, speaking, sleeping, and learning properly.
- It is important to protect both primary (baby) teeth and permanent teeth.
- Children don't lose all of their primary teeth until age 12 or older.

## How long does the varnish last?

- The effects of the fluoride last for several months.
- The fluoride varnish is brushed off the teeth the morning after the application.

## Who should get fluoride varnish?

- Fluoride varnish is for *anyone* who has risk factors for tooth decay, such as:
  - A person that has had tooth decay
  - Wears orthodontic appliances
  - Has white spots on teeth
  - Frequently drinks sports drinks, soda, and other sugary beverages
  - Frequently chews sugar gum or eats candy and other sweets
  - Has a disability which hinders the ability to take care of teeth
  - Has a parent or family member who has had tooth decay

Fluoride varnish is both safe & beneficial for all ages.

\*The application of fluoride varnish does not replace a comprehensive oral examination by your dentist,

which is recommended once a year. \*

